Deeksha is a transfer of divine intelligent energy. Blessings works by creating a neurobiological shift in the brain and awakening the energy centers (Chakras) in the body. This shift in consciousness frees us from the suffering created by the mind, balances the body's natural healthy and healing energies and attunes the brain with the fields of unity, bringing an end to the illusion of "apparent" separation". Once initiated, it is a gradual awakening process that leads naturally to a lasting state of Oneness, Inner peace, and Wellbeing.



Results of Neuro-Physicist Christian Opitz after studying the effects of Oneness Blessing on the brain while in India. Here are some of his findings.

"One very interesting aspect of these findings was that the brain hardware of these people was more reflective of permanent enlightenment than their current conscious experience. It seems that diksha first installs the neurobiological hardware of enlightenment and the software in form of the experience slowly catches up. This makes a lot of sense to me. So often people have access to great awakenings, but do not have the prepared brain to sustain and intergrate such awakenings. All the problems of "ungrounded" spiritual awakening have to do with this discrepancy. If the order is reversed, it dramatically increases the chances of enlightenment being complete and easy to integrate into human life.

All of them showed the brain patterns of enlightenment: A greatly decreased level of activity in the parietal lobes and enhanced activity in the frontal lobes, with a dominance of the left frontal lobe. This is particularly important, because the difference between genuine spirtual awakening and pathological mystical experiences that make a person more neurotic lies in the dominance of the frontal lobes: Overactivity on the right side is problematic, whereas a healthy integration of spiritual awakening into human life always comes with left frontal lobe dominance."